

# First True Love's QUARTERLY PRESS

First True Love World Outreach Ministries  
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ftlwom.org



Carl Coleman - Pastor/Teacher

## LITTLE LAMBS MINISTRY- NURSERY

**Our mission is to provide a biblical foundation and an environment of safety for ages 6 weeks to 2 years of age. We provide them with social skills, phonics, and early learning material that will gear them to the next level in child development. Our theme: The Fruits of the Spirit - Galatians 5:22-23 is a replica of the excellence we teach and inspire in our Little Lambs. Little Lambs Nursery is in operation every Sunday during the 10am Worship Service.**

*-Min. Kathy Hickman*

Our day starts off with lots of LOVE - Valinda

Praise and Worship - Jordan

Baby Care - Jamarica

Storytime is my favorite - Kathy

Movie time - Caelyn

Arts and Crafts anyone? - Shamar

Birthday Parties are the BEST - Madison



# FALL INTO A SUCCESSFUL SCHOOL YEAR

Fall has arrived and our precious gifts, our children, have started a new school year. The end of the first nine weeks (October 13th for Tangipahoa Parish Schools) is quickly approaching. This means that very soon our children will receive their first report card for the 2023-2024 school year. I challenge you to fall into a successful school year by diligently monitoring your child's progress and providing instructional support for academic success. As I make this challenge, I am aware that some parents may need assistance to support their child's academic success.

In previous editions of our newsletter, I recommended that parents use websites i.e., [khanacademy.org](https://www.khanacademy.org) and [starfall.com](https://www.starfall.com) to support their child's academic success. I also recommended that parents enroll their children in the Steve Carter Literacy Tutoring Program at the [LouisianaTutoringInitiative.com](https://LouisianaTutoringInitiative.com) website. I sincerely hope that you have used these resources for your child's instructional support. Hopefully, when you receive your child's first report card for the 2023-2024 school year, you will discover that your support has paid off and your child is falling into a successful school year. However, if your child is still struggling and experiencing school failure, it is time to act quickly and provide the support that your child needs for academic success. Perhaps you may need some additional assistance in accessing and using these resources with your child. I have wonderful news! I am currently helping parents to support their children's academic success through my non-profit organization Emmanuel Esther Project. Emmanuel Esther Project was established in 2008 to help parents and early childhood educators support young children's academic success.

Recently, Emmanuel Esther Project became a Louisiana state approved provider for the Steve Carter Literacy Tutoring Program.

This means that my nonprofit can now provide, at no cost to you, literacy tutoring for your kindergarten through fifth grade public school students. I will assist you in accessing and using the Steve Carter Literacy Tutoring Program as well as other instructional support resources.

In one of Tyler Perry's movies, the fictional character Madea became a foster mother. She took the responsibility of supporting her foster's daughter's education very seriously. However, when her foster daughter asked her to help with her algebra homework, Madea realized that she was not able to help. She expressed this lack of knowledge with the infamous line: "I don't know nothing about no ['algebro']". Clearly, Madea did not even know how to correctly pronounce the word 'algebra', but that did not stop her from providing instructional support to her foster child. Madea did not know, but she knew someone who did know. She said: "I am gonna call that girl down the street, she can help you." Madea acknowledged that she did not know but she found someone who could help, and her foster daughter experienced academic success. I submit to you that it is okay not to know how to help your child, BUT it is not okay to allow your child to struggle and experience academic failure without diligently seeking help for your child. The impacts of academic failure are too detrimental.

In conclusion, we must help our children fall into academic success because the costs of academic failure have alarmingly, devastating, lifetime effects on our children, community, and society. If you need support in helping your child with academic success call my nonprofit (985-606-5185), leave a message, and I will return your call. I am your "girl down the street" and "I can help you."

*Submitted by Dr. Carolyn Roman*



# News You Can Use ...

*Submitted by Veronica Ricks, NP*

*Deuteronomy 31:6 “Be strong and courageous. Do not be afraid, or terrified because of them, for the Lord, your God goes with you; He will never leave you, nor forsake you.”*

**October** is National Bullying Prevention Month and was founded in the United States in 2006 by PACER’s National Bullying Prevention Center. The campaign was expected to raise awareness about bullying. Historically, “bullying has been viewed as a childhood, right of passage that made kids tougher, but the reality has always been that bullying can leave devastated and often long term affects such as loss of self-esteem, increased anxiety, and depression for those involved.”

## Using technology to Bully

Cyber bullying is defined as the use of the Internet, cell phones, or other devices used to send or post text images intended to hurt or embarrass another person. Cyber bullying encompasses a range of activities from sending emails or text messages to someone who has requested no further contact with the sender; it may also include threats, sexual harassment, inappropriate photos, and ridiculing someone publicly in online forums. Children who participate in cyber bullying may post lies, rumors, or gossip about the target and encourage others to share and distribute that information.

The technology that is used can be accessed through computers or cell phones. They include:

1. Personal website
2. Blogs
3. Email
4. Texting
5. Social networking sites
6. Chat rooms
7. Message boards

Many parents are particularly concerned about cyber bullying because adults don’t often have an understanding of the bullying that happens face to face, and using technology to hurt someone else may be a new phenomenon for them. At the same time many parents are not active on the same websites or use the same technology as their children and may not have knowledge of what their child is experiencing while online or on their phone.

*Pacers National Bullying Prevention Center* will help encourage social change to prevent childhood bullying so that all youth are safe and supported in their schools, communities, and online.

*John 13:34 “A new commandment I give to you, that you love one another, just as I have loved you, you also are to love one another.”*

Elimination of violence against women is observed during the month of **November**. This movement was started after the Mirabal sisters, who grew up under the dictatorship of Rafael Trujillo, who was known for being corrupt and violent. In 1960 the three sisters were returning home from visiting a relative in jail when Trujillo’s henchmen, assassinated them. The brutal murder of the sisters by this dictatorship resulted in national and international outcry; the attention on the government violence, ultimately led to the assassination of Trujillo. In 1981 there was a Latin American and Caribbean feminist conference, and they decided to observe November 25 as a day to raise awareness of violence towards women and girls in honor of the Mirabal sisters. Later the United Nations adopted this day as an international day to eliminate violence against women and girls.

More action in every country and culture is needed to ensure women in all their diversity, are free of violence and coercion.



- About one in three (30%) women globally experience, physical, and or sexual violence, mostly at the hands of an intimate partner.
- Such violence can start at an early age, almost one and four (24%) adolescent girls, age 15 to 19 who have had an intimate relationship has experience physical or sexual violence from a partner.
- violence against women and girls can impact their health for a lifetime. Violence can affect a woman's physical, mental, sexual and reproductive health.
- Violence against women and girls is considered a human rights violation and the immediate and long-term physical, sexual and mental consequences for women and girls can be devastating, including leading to death.
- Approximately 155 countries have passed laws on domestic violence, and 140 have legislation on sexual harassment in the workplace.
- Only 40% of women seek help of any sort after experiencing violence.

Ending violence against women is possible, but only if we act together now. Who plays a key role in bringing attention to and responding to violence against women and girls as a public health, gender equality and human rights issue.

*1 Corinthians 6: 19- 20 "Do you not know that your bodies are temples of the Holy Spirit, who is in you whom you have received from God? You are not your own you were bought at a price. Therefore, honor God with your bodies."*

**December** is National Influenza Vaccination Month, which is an annual observation to remind everyone six months and older to get vaccinated against the flu.

Vaccination against the flu is particularly important for people who are at high risk of developing serious flu complications including young children.

September and October are the best times for most people to get vaccinated against the flu. Updated flu vaccine for the 2023- 2024 flu season. Flu viruses are constantly changing, and the composition of US flu vaccines is reviewed annually by the US Food and Drug administration and related biological products advisory committee and updated as needed to best match the flu viruses which will be most common during the upcoming flu season.

#### 5 facts about the influenza vaccination:

- 1.Side effects from the vaccine include muscle pain, tiredness, mild fever among five to 10% of children
2. Time to recover- flu patients with cute immunity normally take about two weeks to recover, some people might develop serious complications.
3. The flu is highly contagious even before visible symptoms appear you must strictly avoid contact with anyone for up to five to seven days after you are diagnosed with the flu
4. The vaccine could be a hazard for people who have acute allergic reactions to it. Most flu vaccines today continue to be produced using an egg based process. If you only have a mild egg allergy it's still safe to get a flu shot, there are two flu vaccines that don't contain egg proteins and are approved for use in adults age 18 and older.
5. Much like the COVID-19 virus the flu virus can enter your body through your eyes, nose, and mouth.

The best way to prevent flu and its serious complication is by getting a flu vaccine. Even when flu vaccinations don't prevent illness entirely, it has been shown in several studies to reduce the severity of the illness in people who get vaccinated but still get sick.

