APR - MAY - JUNE

First True Love World Outreach Ministries Carl Coleman, Pastor/Teacher

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THIS ISSUE

Black History Ministry Highlight Health News Reading Information Ministry News

PARKING LOT ETIQUETTE

Stay focused and alert whenever you're behind the wheel. It doesn't matter if you're in a parking lot or on the freeway, going 7 mph or 70. The danger is still there.

Don't text and drive – ever. Don't speed and use even more caution in inclement weather.

When finding a parking spot, don't cut across lanes to save time. Stay in the designated lanes. Obey traffic signs and the gentlemen serving in the parking lot.

Source: flsherrifs.org

FIRST TRUE LOVE'S QUARTERLY PRESS



BLACK HISTORY PROGRAM





Pictured above are the participants from the Black History Program held in February. They were from the Anointed Kids Ministry and the MPAC Youth Ministries

Ministry Highlight Parking Lot Ministry

Brothers Terry Brewer, Darryl White and Minister Reg Smith started this ministry. They assist members and visitors in parking properly and safely. Drivers are asked to adhere to all signage and hand signals from workers when entering and exiting the church. Active members are Terry Brewer, Oliver Dawson, Telly Dillon, Franklin Morgan, Charles Robertson, Donald Williams, and Ted Storm.



HEALTH NEWS

Preparing for Spring Weather (April)

Spring weather can be unpredictable bringing with it severe unexpected severe weather such as storms, floods, tornados causing weather related death and injuries.

Thunderstorms are the cause of the most severe spring weather. When sever weather hits unexpectedly, the risk of injury and death increases, by planning makes sense and decreases risk of weather-related injuries and death.

Planning in advance for thunderstorms, lightning, tornados, and floods requires specific safety precautions. The same safety steps for all extreme weather events which include:

Preparing emergency kit with the following items-

Battery operated flashlight-

Emergency evacuation plan or shelter plan

List of important personal information including insurance and property information, telephone numbers of utility companies, medical information.

First Aid Kit: non latex gloves, assortment of adhesive bandages, antibiotic ointment, adhesive cloth tape, aspirin.

3-5-day supply of bottled water and nonperishable food.

Personal hygiene items

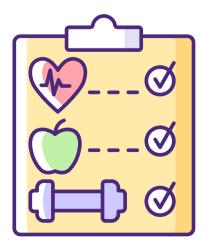
Blankets or sleeping bags.

When preparing your family for the possibility of severe weather tell them where to seek appropriate shelter, show them where the emergency supplies are stored and make sure they know how to turn off the water, gas and electricity in your home.

We are often caught by surprise by approaching storms and have very little time to prepare for it. By preparing ourselves and our family for severe weather we will be prepared properly for them and be able to keep safe.

Psalm 6:2

Have mercy on me, Lord, for I am faint. Heal me, Lord, for my bones are in agony.



June is Preventing Heat related Illness.

Warning Signs and Symptoms of Heat-Related Illness

Heat-related illness is preventable. Here is a list of signs and symptoms and how to treat them. What is a mosquito?

A mosquito is a flying insect that lives in most parts of the world. Not all mosquitos bite people or animals. Some mosquitos are vectors and can spread germs to people and animals that make you sick.

Facts About Mosquitos

Adult mosquitos live indoors and outdoors.

Mosquitos can bite day and night.

Only female mosquitos bite people and animals to get a blood meal, they need blood meal to produce eggs.

It takes just a few infected mosquitos to start an outbreak in a community and can put you and your family at risk of becoming sick.

What happens after a mosquito bite?

After a mosquito bite you, it pierces the skin with a proboscis to suck up blood. As it feeds it injects saliva into your skin. The body reacts to the saliva resulting in bumps and itching.

Symptoms of a mosquito bite include:

- Puffy and reddish bumps appear a few minutes after a bite occurs.
- Small blisters instead of hard bumps
- Dark spots that resemble bruises
- Severe reactions include:
- Area of swelling and redness
- Low grade fever
- Hives
- Swollen lymph nodes

Treatment

- Wash the area with soap and water.
- Apply an ice pack for 10 minutes to help decrease the swelling and itching.
- Applying a mixture of backing soda and water, may help decrease itch response.
- Can use over the counter anti itch cream.
- Complications:
- Infection at the site of bite
- Mosquito borne viruses like West Nile, malaria
- Preventing Mosquito Bites
- Use Environmental Protection Agency (EPA) insect repellants
- Wear long sleeved shirts and long pants
- Treat clothing and gear with repellant
- Prevent mosquito bites when travelling overseas.

- SUBMITTED BY VERONICA RICKS, NP

EDUCATION

CAUTION, HANDLE WITH CARE! YOUR CHILD IS A CHILD OF GOD TOO! - written *by Dr. Carolyn Roman*

"And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord." Ephesians 6:4 (KJV)

I often hear parents quote this saying: "spare the rod and ruin the child". Well, the good news is that this saying is based on Godly wisdom that is gleamed from scripture. As a matter of fact, truth, *Proverbs 13:24 tells us: "He that spareth his rod hateth his son; but he that loveth him chastenth him betimes"*. For some additional parental support and clarification, we can look at *Proverbs 23:13-14: (verse 13) "Withhold not correction from the child: For if thou beatest him with the rod, he shall not die. (verse 14) Thou shalt beat him with the rod, and shalt deliver his soul from hell."* So as parents, we are justified, purposed, and appointed to use the "rod of correction" on our children.

BUT WAIT A MOMENT, HOLD UP!!! CAN WE PLEASE PUT SOME EPHESIANS 6:4 WITH IT?

Summertime is quickly approaching, and our precious gifts will be at home. Yes, they will be home for the summer and doing what children do... Whew Chile! Excuse me, I was having a flashback to when my children were younger. I am back to writing this article now. In this article, I would like to encourage you to use the "rod of correction" with the same mercy and grace that God gives us. I have shared the good news first but there is also some bad news about the "rod of correction".

The bad news is that some children are neglected, abused, and mistreated under the guise of correction. I recently viewed a news special that suggested that because of the enormous incidents of child neglect and abuse, this is the "worst time in our history to be a child". Although we are justified, purposed, and appointed to use the "rod of correction" on our children; we must do so in a loving, kind, and compassionate manner. May I also emphasize that we are not trying to beat them to a pulp, nor do we need to use expletives (you know those curse words that you may or may not use at home, but not around the Pastor and church folk) to talk to your child. Yes, God gives us authority over our children and God requires us to "train them up" in the way they should go. However, they are human beings and children of God

too. Have you heard the saying: "Be careful how you treat a child of God!"? Well, if you are a Christian that does mean you, but it also means other people and your child. So, whenever you handle your child with care, consider whether you have taken the time to teach your child the correct way before using the "rod of correction"? Have you demonstrated that you love your child? Does the "punishment match the crime"? Just think about it, as adults we are more likely to do the correct thing when we know what is correct; we are more likely to accept correction from someone who loves us, and also when we think that the "rod of correction" is fair. If these factors are not in place, then you may be provoking your child to wrath/anger.

As we prepare to receive our children, grandchildren, nieces, and nephews this summer, let's make plans to spend some quality time with them doing some fun things. Ask them to tell you some things that they would like to do. If possible plan a vacation, even if it is a one-day trip to the zoo, amusement park, or a place of their choice. Let them participate in the Library Summer Reading Program. It is free and will help them maintain their reading skills over the summer. Let our precious gifts know that you love them and point out some things that they do well. Let them know that you are proud of how hard they have worked this school year. Use positive words to build their selfesteem and self-confidence. Your words are powerful, so before you use these words, consider if your words are building your child up and making him/her feel better spiritually and emotionally. If not, choose some words that will make your child better.

As I conclude this article, I encourage you to reflect on how you use the "rod of correction". Have you shown your children that you love them, that you will take care of them and protect them? Have you taken the time to teach/train your child in the correct way to go?

Have you used the "rod of correction" in a compassionate, fair, and just manner? If Jesus was in the room would you use the same "rod of correction"? Just a few questions to help you "Get Your Mind Right" before our precious gifts come home for the summer. Finally, remember to be cautious, handle your children with care, because your children are God's children too!



NEW MEMBERS FOR 2024

Our ministry continues to grow. The persons listed have joined our told, some by *Christian Experience* and others *have accepted Christ as their Savior and are candidates for baptism*. They include: Latanya Bell, Walter Henderson, Micah Pines, Jr. Preston Pines, Tyler Pines, Lionel Frazier, Frances Frazier, Johnny Barnett, Johnegua Banks, Azoria Winston, Tavi Roach, Kenneth Johnson, III, Stephen Giles, Mason Lizarraga, Camille Jackson, and Antone Richardson, Victoria Martin.

"Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts." Colossians 3:16

BAPTISM

Mya James, Latrail James, Fuentes James and Ty James were baptized by going down in the "Liquid Grave".

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." Matthew 28:19-20

